

# WHAT IS TRANSITION?

## Education/Vocation Skills Checklist

Print this chart. Use it to decide which category best fits each skill for you.

Skill	I can do this independently	I can do this with some help	I need to practice this	I plan to start working on this	Comments
Can explain why the I.D.E.A. is important to me					
Can explain why Section 504 of the Rehabilitation Act is important to me					
Can explain what my current Individual Education Plan (IEP) goals are					
Have gone to an IEP meeting with family					
Have talked to my doctor about my current IEP goals					
Can list or discuss next year's IEP goals					
Have invited others to help with my IEP or to come to my IEP meeting (examples include a CMS Care Coordinator, a Support Coordinator, a Vocational Coordinator or Job Trainer)					
Can list or explain what agencies or services, other than school, will help with my IEP goals					

Skill	I can do this independently	I can do this with some help	I need to practice this	I plan to start working on this	Comments
Have talked with others about 2 or 3 employment interests					
Feels ready for work experience					
Have work experience					
Have thought about or talked with others about interest in doing volunteer work					
Wants to try volunteer work					
Have done volunteer work					
Have reliable transportation to go for training, work, or volunteering					
Knows who to contact to arrange transportation to go for training, work, or volunteering					
Want to attend a vocational school, community college, college or university					
Have talked to high school guidance counselor about post-secondary school					
Have visited one or more vocational schools, community colleges, colleges, or universities					

Skill	I can do this independently	I can do this with some help	I need to practice this	I plan to start working on this	Comments
Have chosen curriculum for vocational school, community college, college, or university					
Have received catalogs for program and school of interest					
Have spoken to guidance counselor at program and school of interest					
Have applied to program and school of interest					